10 STEPS TO STARTING A MEDICAL LASER SAFETY PROGRAM IN HEALTH CARE FACT SHEET



According to the American National Standard for Safe Use of Lasers in Health Care (ANSI Z136.3), the employer must provide a safety program that includes employee training for class 3B and class 4 lasers and laser systems. The following are 10 steps that can help you develop a medical laser safety program that complies with the laser safety standard. This list is not intended to be comprehensive.

- 1. Appoint a Laser Safety Officer (LSO) and define roles and responsibilities of the LSO per the ANSI Z136.3 standard for the Safe Use of Lasers in Health Care.
- 2. Train the LSO. According to the ANSI Z136.3 standard, the employer shall provide training on the potential hazards and controls of medical laser systems.
- 3. Write the laser safety policy statement and develop the details of the Laser Safety Program.
- 4. Take an inventory of all class 3B and class 4 lasers.
- 5. Identify which lasers are current on their Preventive Maintenance (PM) and which lasers are compliant with the Food and Drug Administration's Center for Devices and Radiological Health (CDRH) federal requirements. If the lasers are not compliant with the CDRH, contact the manufacturer.
- 6. Perform a laser hazard assessment of each operating room. Follow the ANSI Z136.3 for Safe Use of Lasers in Health Care standard and the Association of periOperative Registered Nurse's (AORN) recommended practices.
- 7. Evaluate, document and control non-beam hazards such as laser generated air contaminants due to laser plume.
- 8. Write standard operating procedures and maintenance procedures for all laser systems. Implement control measures for the control of beam and non-beam hazards.
- 9. Authorize laser personnel and implement training commensurate to the degree of hazard.
- 10. Audit the program to make sure the laser safety program is effective and the controls and standard operating procedures for the hazards are working to keep people safe.

	Medical Laser	Wavelength (nm)	*Common Medical Application
Ultraviolet	Excimer	308	Cardio & Peripheral Vascular
Visible Spectrum	Argon	488, 514	Ophthalmology, ENT
	KTP	532	Urology, ENT, GYN
	Tunable Dye	585-600	Dermatology, Cutaneous
	Diode & Tunable Dye	630, 652	PDT
	Krypton	647, 676	Ophthalmology
	Diode	689	Opthalmology, PDT
	Alexandrite	755	Dermatology, Cutaneous
11	Diode	800-980	Dermatology, Cutaneous, Vascular
	Nd: YAG	1,064	GI, Pulmonary, GYN, Urology
15	Nd:YAG	1,320	Dermatology, Cutaneous
	Diode	1,450	Dermatology, Cutaneous
	Ho: YAG	2,100	Urology, Othopedics
Infrared	Er: YAG	2,940	Dermatology, Cutaneous
	co,	10,600	GYN, Pulmonary, Surgery, ENT, Urology, Podiatry, Cardio Vascular

Under the Occupational Safety and Health Act, employers are responsible for providing a safe and healthy workplace and workers have rights. OSHA can help answer questions or concerns from employers and workers. OSHA's On-site Consultation Program offers free and confidential advice to small and medium-sized businesses, with priority given to high-hazard worksites. For more information, contact your regional or area OSHA office, call 1-800-321-OSHA (6742), or visit www.osha.gov.

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